

PROTOCOL: National Circus School

PLEASE READ ALL OF THE FOLLOWING BEFORE BOOKING !!!

ELIGIBILITY

Only the following are eligible:

- Professional artists
- Solo artists
- Duo

EQUIPMENT

IMPORTANT: Artists must bring their own acrobatic equipment!

- Professional artists must provide their own equipment of any kind; personal equipment must be packed in an individual bag (e.g., identified drain bag) or be disinfected at the entrance (juggling or other accessories); no objects or pieces of furniture made of porous material or fabric will be allowed to enter the School.
- In the event that a professional artist wishes to leave an apparatus on site, he or she must provide a bag (drain bag OK) IDENTIFIED with his or her FULL NAME. A place will be assigned.
- Professional artists will be able to use the tools and disinfection equipment available at the School, under the guidance of a rigger.
- Only vinyl mats may be used during training sessions. No Flex roller mats or pit (Bertha) will be available for pro artists.
- Riggers make regular rounds in all areas of the School and during the residencies as well. They supervise disinfection procedures.

THE CONTROL OF THE HANGING SYSTEM

- The control for the handling of the hooking or lanyard systems (return of ropes with pulleys) is shared.
- **The first time**, the staff rigger will demonstrate the appropriate disinfection procedures to the artist.
- The ropes cannot be disinfected ; all users must wash their hands **before and after use.**
- The climbing handle must be disinfected after use. To do so, the rope must be removed from the handle before spraying.

TIME SLOTS

Training schedules and studios will vary each week. Please consult the schedule by date in our reservation system.

Duration of the session: The duration of the allotted session includes the warm-up period, the installation of the acrobatic equipment, the dismantling, cleaning and storage of this equipment, as well as any stretching period after training. The artist must leave any training area at the end of the exact time of his or her allotted session.

PRACTICE AREAS

Studio Palestre : 4 training stations

Disciplines in flightless ascent and descent (fixed straps, rope, silks, hoop, dance trapeze), contortion, balancing.

- Zone G : Simple hanging point
- Zone I : Simple hanging point
- Zone J : Simple hanging point
- Zone L : Simple hanging point

Studio Danse : 1 training station (only 1 artist is allowed)

- Zone Danse : no aerial. Ideal for Cyr wheel, German wheel, contortion, ground work

NOTE : if you have any questions, please contact the box office via billet@tohu.ca or 514 376 8648.

RATES

Self-training in the ENC studios will be free for any artist thanks to the support of Tohu and ENC.

- Pullers and additional artists will have to fill in the form « release-waiver-indemnity / health standards » and complete the ENC arrival and departure questionnaires on the day of training (see explanations below) !
- **Coaches are not allowed.**

RELEASE AND HEALTH PROTOCOL

Access to the training areas is subject to strict discipline and to the participation of everyone, as well as to the maintenance of equipment and objects with which you have been in contact.

To train at ENC, you are required to:

- accept the terms and conditions enumerated in the reservation system (indemnity/hold harmless/health standards); and
- to complete the questionnaires of arrival and departure at the time of each venue at the ENC

IMPORTANT : TO BE READ IMPERATIVELY

- Professional artists must follow the access procedures (see below in Booking Procedure) and meet a rigger at their first visit.
- At ENC, wearing a face cover (note: the mask must be a 'procedure' mask, aka blue, and not a cloth mask) is mandatory at all times and while working in the studio. Fabric face cover is not accepted. Procedure masks are not provided by the School.
- No one may circulate in the School or occupy any other room or training area other than the one assigned to them. Professionals' access to locker rooms is prohibited.
- Professional artists are requested to use the elevator only. Stairs are reserved for students only.

Exclusion of symptomatic people from TOHU and ENC premises

People with symptoms are part of the COVID-19 chain of transmission. Procedures that take into account the following can help prevent transmission of the disease:

- Any professional artist who, IN ADVANCE OF HIS OR HER ARRIVAL AT ENC, feels symptoms similar to the flu/cold/COVID, must complete the symptom self-evaluation tool on the quebec.ca website and take the actions indicated by the tool: <https://covid19.quebec.ca/surveys/cdd2/introduction>
- Artists who train at ENC or are under kind of contract with TOHU, who receive a positive result at COVID-19 MUST notify TOHU (Box office : 514 376-8648 ; Anaïs Devillers : 438 520-8657 ; Marina Di Blasi : 514 945-2551) ;
- If symptom onset occurs while at TOHU/ENC, the artist shall immediately isolate in the location provided by TOHU/ENC. Since he/she must be removed from the community, a call to # 877 644-4545 will allow him/her to obtain instructions to follow;
- Results from the public health survey will determine whether people who have been in contact with the symptomatic person can return to the premises or if they must isolate themselves;

BOOKING PROCEDURE

Space booking is only available online, except in specific cases:

No one will be admitted without an appointment.

IMPORTANT : TO BE READ IMPERATIVELY

ACCESS TO THE PREMISES (must repeat these steps each time)

- Complete the arrival questionnaire online to certify the absence of symptoms.
- The employee at the reception desk will take the temperature, using a non-contact thermometer, of any person arriving at the School.
- Complete a departure questionnaire online when leaving the School.

ONLINE ARRIVAL AND DEPARTURE QUESTIONNAIRES

Upon arrival and departure from the School, each person must scan the corresponding QR codes with their cell phone in order to access the questionnaires.



iPhone and Android 9 or most recent :

- For iPhone only : Check in Settings > Camera that the "Scan QR Codes" option is enabled.
- Open the Camera application
- Aim the QR code with the back camera of your phone
- Click on the notification that appears at the top of your screen
- Fill out the questionnaire

For any other version of Android:

<https://fr.qr-code-generator.com/guides/scan-qr-code-android/>

Having trouble scanning QR codes? Access the questionnaires via the following links:

- Arrival questionnaire: <https://forms.gle/kX9xoE6FHxuRZ3SG7>
- Departure questionnaire: <https://forms.gle/dcRtjA4Mg6ts5Khn9>

Please ensure that your device is capable of scanning QR codes before you arrive at the School.

You can also save the questionnaires in your favourites so that you can quickly access them each time you come to the School.

Don't have a cell phone? Notify the receptionist so that she can ask you the questions.

ENC: GENERAL INSTRUCTIONS

Any person entering the School buildings has the obligation to :

- Wear a face cover at ALL TIMES regardless of the activity
- Wash your hands according to the procedure upon arrival and avoid touching your face.
- Respect the physical distance rule of 2 meters at all times.
- Keep your personal belongings in a bag at all times and avoid putting them in multiple places.
- Disinfect circus props when they have been outside the school at the disinfection station provided for this purpose near the entrance.
- Users must wash their hands:
 - At each change of room and before leaving the toilets
 - After coughing, sneezing or blowing your nose;
 - Before and after eating
 - Before wearing and when removing protective equipment.
- A mainly one-way traffic system has been established
- At all times, refer to the arrows on the ground.
- It is only permitted to use the fountains to fill unbreakable and airtight water bottles. Do not drink directly from them.

CANCELLATION

The periods of free training could coincide with ENC's projects. As a result, La TOHU cannot guarantee the exclusive use of the spaces allocated for free practice.

La TOHU may cancel or move a training period or space on simple notice to the Artist and without further formality.